

every day we live, and it should be a constant subject of thought with us when we rise in the morning and lie down at night: Wherein have we come short of obeying the principles of the Gospel? Have I done any injury to my fellow man? Have I grieved the Spirit of the Lord? Have I neglected some duty? Have I said that which I ought not to have said? Have I done that which I ought not to have done? Have I been just, have I been merciful, have I been upright? Have I allowed any thought, any feeling to enter my heart concerning my neighbor, concerning some of my associates that I should not entertain? If I have, then it is my duty, if I believe the Gospel and desire to practice its principles, to repent of that, to confess it.

There was a time when God required of his people the sacrifice of animals. They brought their animals and they were offered up as sacrifices, and they obtained the remission of sins by that method. This was required under the law of Moses; it was required until the coming of the Son of God, until he made his great sacrifice for man. But what does God require of us? Is it that we shall bring animals and offer burnt offerings unto him? No, he does not make that requirement of us today, but this is the sacrifice required of us: he asks us that we shall come to him with broken hearts and with contrite spirits. If we do he will accept of us, our offerings will be like the offerings of Abel, acceptable in his sight; but if we go to him as Cain did, our offerings will not be acceptable to him, and he will reject them. But if you and I and all who profess to be the followers of the Lord Jesus will bow down before him with humble hearts, each of us with a broken heart and

contrite spirit, what will be the effect? Why, we will confess our faults to him, because they will be plain in our sight, we will see ourselves in the light of the Spirit of God, and the spirit of repentance will rest down upon us. Suppose we bow down before him because it is the custom to do so, in a formal manner, worshipping him with our lips while our hearts are far from him, repeating by rote certain sentences we have learned, and to the use of which we have become accustomed, will such an offering be acceptable in the sight of God? Certainly not. He desires that those who worship him shall worship him in spirit and in truth, and that they shall confess their sins not only to him, but, where they have wronged each other, to one another. It is my duty, if I have wronged my brother, to go to my brother and confess and ask his forgiveness. If I wrong my sister, it is my duty to do the same. If I do wrong to my God, it is my duty to bow down before him in humility and confess in contrition of spirit the wrong I have done and beseech him in the name of Jesus to forgive my sins. And this is a duty that rests upon us as Latter-day Saints.

These are some of the practical parts of our religion, and, as I have said, not to be practiced today alone, today, the first day of the week, the Sabbath, but to be practiced tomorrow, and to be carried out in our lives, in our daily intercourse one with another; to be meek and lowly in heart, seeking the Spirit of Jesus, willing to suffer wrong rather than do wrong; not to be rude, not to be harsh, not to be unfeeling, or unkind in our intercourse with our families, but to carry with us the spirit of meekness and of love, that when we enter our