

it in the vision of my mind, do you not perceive that the whole of the labor of the mind, on that matter, is at rest? This is my philosophy on thinking; and if I were obliged to think for ten years, and not erect a building, or help build up a city, or in any way put my thoughts into execution, it would materially injure my mental faculty, through want of results for it to rest upon. But let me engage in active operations, even though I do not personally perform one day's manual labor, let me see the result of my thinking budding into existence, and my mind has something to rest upon. If I cannot carry out that which is in my mind—that which I wish to accomplish in all the improvements, in building up Zion in the latter days, as soon as I am deprived of the necessary physical labor I withdraw my mind from that object; I will not suffer my mind to rest upon it. For instance, we are going to suspend labor upon the Temple for a year, until we can prepare ourselves more fully for that work. We have abandoned the idea of using adobies in the walls of that building, and intend to use granite. Now, suppose I should begin to think, and think,

and still think about it, are you not aware that it would be a worse than useless waste of time and mental labor? My body would become wearied and languid. I do not expect to think about it for one year; goodbye to it, for the present. I must carry out the labor of my mind, or I injure it. Can you go to sleep in one minute, after you have said your prayers and gone to bed? Can you cease reflection, bid goodbye to thought, and say to the body, compose yourself and let us go to sleep? How many now in this house can do that? Whether it is natural, or supernatural, mental or mechanical, it matters not, but I have trained myself to go to sleep when I get ready, and when I am in good health, as a general thing, in about one minute I can be fast asleep.

Until you can govern and control the mind and the body, and bring all into subjection to the law of Christ, you have a work to perform touching yourselves. I delight to talk upon the subject of our organization, but I must do so a little at a time, or I might weary your bodies and distract your thoughts. Short sermons fitly spoken, are better than long ones ill spoken. May God bless you, Amen.

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**THE DEVIL TO BE CAST OUT OF THE EARTH—THE  
EMIGRATION FUND—EXHORTATION TO  
BISHOPS—LAYING UP STORES AGAINST A TIME OF NEED.**

A DISCOURSE BY PRESIDENT HEBER C. KIMBALL, DELIVERED IN THE TABERNACLE,  
GREAT SALT LAKE CITY, MARCH 9, 1856.

REPORTED BY G. D. WATT.

How is the will of the Father done in the heavens? Everyone may read in the Bible that when Lucifer rebelled against the Father, and against Jesus

Christ, His Son, he was cast out of heaven, with all those who partook of his spirit.

Were they not all cast out of heaven?