

and is intimately connected with the tabernacle. Let this intelligent part labor to excess, and it will eventually overcome the tabernacle, the equilibrium will be destroyed, and the whole organization deranged. Many people have deranged themselves by thinking too much.

The thinking part is the immortal or invisible portion, and it is that which performs the mental labor; then the tabernacle, which is formed and organized for that express purpose; brings about or effects the result of that mental labor. Let the body work with the mind, and let them both labor fairly together, and, with but few exceptions, you will have a strong-minded, athletic individual, powerful both physically and mentally.

When you find the thinking faculty perfectly active, in a healthy person, it should put the physical organization into active operation, and the result of the reflection is carried out, and the object is accomplished. In such a person you will see mental and physical health and strength combined, in their perfection. We have the best opportunity afforded any people to cultivate these properties of man.

I do not know that I am trammelled by tradition, or that any of us need to be, hence we are in the best situation to exhibit, through the organization of the tabernacle, the labor and properties of the invisible part. When a person is thinking all the time he is little better than a machine; he perverts the purpose of his organization, and injures both mind and body. Why? Because the mental labor does not find vent through the organism of the tabernacle, and has not that scope—that field of labor which it desires, and which it was wisely designed that it should have. Think according to your labor, labor according to your thinking.

Some think too much, and should labor more, others labor too much,

and should think more, and thus maintain an equilibrium between the mental and physical members of the individual; then you will enjoy health and vigor, will be active, and ready to discern truly, and judge quickly. Is it not your privilege to have discernment to circumscribe all things, no matter what subject comes before you, and to at once know the truth concerning any matter? When you see a person of this character, you see one with a healthy and vigorous mind, throughout the whole operations of organization. True, this is not the privilege of everyone; some have to do much thinking, and but little manual labor, while others do much manual labor with little, if any thinking. The latter class are as dull and stupid as the brutes, and when their labor is done, they lie down and sleep, like the brutes. They do not think enough, they should bring their minds into active operation, as well as their bodies. Men who do much thinking, philosophers for instance, should apply their bodies to more manual labor, in order to make their bodies more healthy and their minds more vigorous and active.

Let me take twenty years to come, in which to build cities, temples, tabernacles, halls, dwellings, &c., with my mental organization, and not put forth my hands, or use any manual labor, to perform any of this work, do you not perceive that my body would not have labored during all this period, and that my mind would have labored to excess, even to the overcoming of the tabernacle. Again, let me build house after house, hall after hall, temple after temple, &c., my mind would have something to rest upon, and my body being weary with labor, I could lie down, and both would rest together. When I wish to build a temple it costs me much thought, and when I see a temple finished on this block, as I have seen