thousands, and by hundreds of thousands. I felt that it was so this morning, that those that had been speaking had touched the right subject, and it was very good; and I felt that there would be very few in this vast congregation (if they were called out), who had kept the "Word of Wisdom;" if all such were called for, I am persuaded that there would be very few that would come forth, but if the word were, "Come forth, all ye Latterday Saints that are trying to keep the Word of Wisdom," I feel that there would be many that would come forth, and I believe I would be among that number that would be found trying to keep the Word of Wisdom.

When we first heard the revelation upon the Word of Wisdom many of us thought it consisted merely in our drinking tea and coffee, but it is not only using tea and coffee and our tobacco and whiskey, but it is every other evil which is calculated to contaminate this people. The Word of Wisdom implies to cease from adultery, to cease from all manner of excesses, and from all kinds of wickedness and abomination that are common amongst this generation—it is, strictly speaking, keeping the commandments of God, and living by every word that proceedeth from His mouth.

This is the way that I understand the Word of Wisdom, consequently we have to keep all the commandments, if I understand the matter correctly, in connection with this Word of Wisdom, in order to obtain the blessings, for unless we do keep the commandments of God, and not offend in any one point, we have not a full claim upon the blessings promised in connection with this portion of the word of the Lord.

The Lord says, in reference to these things mentioned in the Word of Wisdom, that they are not good for the body! I know that my brethren and sisters feel as I do, they have a

desire to keep the Word of Wisdom, and know it is the wish of the Presidency that the Elders of Israel should preach upon the Word of Wisdom, and establish it in the minds of the people, and suffer not themselves from desire to be overcome by the habits of those among whom they travel to preach the Gospel, but be an example in all things.

I can say one thing which I am very thankful for, I never partook of an evil in my life because my brethren did, but I have always tried to act and live upon my own agency. If I have sinned, it has been through my own ignorance; if I go astray, it is because my mind and my nature are human.

I have ever felt determined to take a course to enjoy the Spirit of the Lord, and when He has left me to myself, and I have been tempted, I have always trusted in the Lord and endeavored to obey Him, and not to give way to the tempter; and I want this feeling to sink deep into the hearts of every man and woman calling themselves Latter-day Saints. And when I hear a word dropped by anyone that will tend to thwart the design of God's holy word, why then I feel most indignant.

I wish to see men observe and teach the Word of Wisdom in their families, for to see men throw a bad influence upon the word of the Lord, I was going to say such a spirit is a stink in the nostrils of all righteous men.

Many of the Saints excuse themselves for chewing tobacco because others use it, but let us examine ourselves this morning, and see if such a course will be justifiable before our heavenly Father.

Where is the man that excuses himself on this account? I ask him—is it righteousness for him to excuse himself in order to free himself from blame? If it is not, let him repent, cease his excusations, and turn unto the Lord his God, and work